



Pathway to Fitness Personal Training Cancellation Policy

Dear Pathway to Fitness Client:

I am thankful for the opportunity to help you set and achieve your fitness goals in order to improve your total wellness and quality of life. I promise you a personalized, exciting, and challenging experience. What I ask in return is your cooperation, patience, and commitment to our workout schedule and agreement. Scheduling is always an adventure for the personal trainer and the client. *A missed appointment by a client usually results in a non-productive hour for me.* Although, emergencies, illnesses, work issues, misconstrued schedules, and disinterest in training arise, **you must reschedule your appointment.** Requests for exceptions to the cancellation policies under such circumstances will be dealt with on an individual basis.

LATE POLICIES

- (If you are **more than 15 minutes late and have contacted me**, you may complete your workout within the remaining scheduled time.
- (If you are **more than 15 minutes late and have not contacted me**, you are subject to losing your session and will be charged for the session.

CANCELLATION POLICIES

- (If you miss or cancel your appointment, **you will be charged** unless you reschedule your appointment within the same week.
- (In addition, if you are a part of a Functional Fitness Class or training with an additional partner or partners, **you will be charged** for your appointment unless you reschedule your appointment within the same week.

Thank you for your unending support and participation.

Client Signature: _____ Date: _____

Trainer Signature: _____ Date: _____